

Rotator Cuff Tear

Rotator cuff is the group of tendons in the shoulder joint providing support and enabling wider range of motion. Major injury to these tendons may result in tear of these tendons and the condition is called as rotator cuff tear.

Shoulder Impingement

Shoulder impingement is also called as swimmer's shoulder, tennis shoulder, or rotator cuff tendinitis. It is the condition of inflammation of the tendons of the shoulder joint caused by motor vehicle accidents, trauma, and while playing sports such as tennis, baseball, swimming and weight lifting.

Shoulder Arthroscopy

Shoulder arthroscopy is a surgical procedure in which an arthroscope is inserted into the shoulder joint. The benefits of arthroscopy are smaller incisions, faster healing, a more rapid recovery, and less scarring. Arthroscopic surgical procedures are often performed on an outpatient basis and the patient is able to return home on the same day.

Frozen Shoulder

Frozen shoulder is the condition of painful shoulder limiting the movements because of pain and inflammation. It is also called as adhesive capsulitis and may progress to the state where an individual may feel very hard to move the shoulder.

Shoulder Joint Replacement

Shoulder joint replacements are usually done to relieve pain and when all non-operative treatment to relieve pain have failed.

Shoulder Instability

Shoulder instability is a chronic condition that causes frequent dislocations of the shoulder joint. A dislocation occurs when the end of the humerus (the ball portion) partially or completely dislocates from the glenoid (the socket portion) of the shoulder. A partial dislocation is referred to as a subluxation whereas a complete separation is referred to as a dislocation.

Click on the topics below to find out more from the Orthopaedic connection website of [American Academy of Orthopaedic Surgeons](#).

- [The Shoulder](http://orthoinfo.aaos.org/topic.cfm?topic=A00394) (link) <http://orthoinfo.aaos.org/topic.cfm?topic=A00394>
- [Arthritis of the Shoulder](http://orthoinfo.aaos.org/topic.cfm?topic=A00222) (link) <http://orthoinfo.aaos.org/topic.cfm?topic=A00222>
- [Arthroscopic Shoulder Surgery: Thermal Capsulorrhaphy](http://orthoinfo.aaos.org/topic.cfm?topic=A00034) (link) <http://orthoinfo.aaos.org/topic.cfm?topic=A00034>
- [Broken Collarbone](http://orthoinfo.aaos.org/topic.cfm?topic=A00072) (link) <http://orthoinfo.aaos.org/topic.cfm?topic=A00072>
- [Dislocated Shoulder](http://orthoinfo.aaos.org/topic.cfm?topic=A00035) (link) <http://orthoinfo.aaos.org/topic.cfm?topic=A00035>
- [Fracture of the shoulder blade \(scapula\)](http://orthoinfo.aaos.org/topic.cfm?topic=A00359) (link) <http://orthoinfo.aaos.org/topic.cfm?topic=A00359>
- [Frozen Shoulder](http://orthoinfo.aaos.org/topic.cfm?topic=A00071) (link) <http://orthoinfo.aaos.org/topic.cfm?topic=A00071>
- [Rotator Cuff Tears](http://orthoinfo.aaos.org/topic.cfm?topic=A00064) (link) <http://orthoinfo.aaos.org/topic.cfm?topic=A00064>
- [Separated Shoulder](http://orthoinfo.aaos.org/topic.cfm?topic=A00033) (link) <http://orthoinfo.aaos.org/topic.cfm?topic=A00033>
- [Shoulder Impingement \(Bursitis, Tendinitis\)](http://orthoinfo.aaos.org/topic.cfm?topic=A00032) (link) <http://orthoinfo.aaos.org/topic.cfm?topic=A00032>
- [Shoulder Joint Replacement](http://orthoinfo.aaos.org/topic.cfm?topic=A00094) (link) <http://orthoinfo.aaos.org/topic.cfm?topic=A00094>
- [Shoulder Joint Tear \(Glenoid Labrum Tear\)](http://orthoinfo.aaos.org/topic.cfm?topic=A00426) (link) <http://orthoinfo.aaos.org/topic.cfm?topic=A00426>
- [Thoracic outlet syndrome](http://orthoinfo.aaos.org/topic.cfm?topic=A00336) (link) <http://orthoinfo.aaos.org/topic.cfm?topic=A00336>

